

Playlist deconstruction: CATHARSIS MIX by Liby Hays

I started this playlist over quarantine. It was originally conceived as a variation on Spotify's "Walk Like A Badass" playlist, only tailored towards a *dérive*, or disassociated urban wandering session. The *dérive* was invented by the Situationists as a method to catalyze poetic encounters and discover new trajectories within a city. Described as "a technique of rapid passage through varied ambiances," the obvious parallel is with shuffling music.



- 1 I Hear a New World
Joe Meek
- 2 Ice Cream Truck Song (Turkey in th...
Ice Cream Truck
- 3 Valletta Fanfares
Vitalic
- 4 William Tell Overture (8 Bit Version)
8 Bit Universe
- 5 Boat
Joker
- 6 Purple City
Joker, Ginz
- 7 Chanting Down The Wicked
The Robotiks, Jah Shaka
- 8 Bengali Skank
The Robotiks, Mad Professor
- 9 Double Time (Drama's Cadence)
Drama
- 10 Tenebre - Originale
Claudio Simonetti, Massimo Morante, F...
- 11 Crusoe Takes a Trip
Red Snapper
- 12 Still Early
Pevelelist
- 13 Discarded
Xilent
- 14 Burning Ignorance
The Parallax Corporation
- 15 Janitor Of Lunacy
Nico
- 16 Whea Yo Ghost At, Whea Yo Dead ...
DJ Elmoe

The CATHARSIS MIX was contrived to feel as randomly sourced and spasmodically shuffled as possible. If you start falling back into normal footfalls, this mix will jar you into glassy-eyed oblivion. Despite the attempts at unpredictability, I did gravitate towards 4 main song categories-

1. **Narrative Songs**- Novelty songs, folk songs, or lyrical rap songs which elaborate on a story.
2. **Sound Songs**- Field recordings, hammer-clanging-against-sickle industrial jams, pots-n'-pans-ass beats
3. **Performative Songs**- Songs which serve a purpose and catalyze behaviors or feelings within a specific context. I.e. A cheer, a chant, a dirge, a curse, or white noise for treating tinnitus.
4. **Songs which testify to the ambivalent tenor of existence**-Melancholic, often cinematic synth riffs which speak of adventure, boredom, God, springtime, bittersweet potentiality & inevitable loss. The tones plug right into the catharsis node in my brain.

This article will elaborate discursively on elements of songs I thought were cute or relevant to my personal life. All of the research was either via Youtube or conversation.

I Hear A Near World: A tripartite call-and-response arrangement featuring choral groups of producer Joe Meek's alien tulpas. Sorting out the lore via the record's other track listings, I believe the Saroos and Dribcots are featured? I'd like to think the New World calling Joe Meek is the current world where a chipmunked Tiktok remix charts alongside every song. But never has a sped-up remix nested within its original song with such eerie matroyska-dolls-in-orbit splendor.

William Tell Overture (8 Bit Version): This song brings out the carnivalesque quality of NYC's public parks. I turn this on and run as quickly as possible past the Nonplayer Yorkers' myriad unfolding scenarios. William Tell is also my default track for impatiently finger-drumming on a tabletop.

Boat: The foghorn bassline here is blaring. You need to hear a foghorn, because in the fog you can't see anything...

Chanting Down the Wicked: I realized these two tracks from the "Haunted Halloween Dub" album are a seamless mixture of the music genre with the best mixing (dub) and the worst mixing (Party City check-out line novelty Halloween compilations).

Double Time (Drama's Cadence): Jonah once remarked that the essence of the early 2000's was turning on the TV first thing in the morning and having a drill sergeant screaming in your face selling you cereal or something.

- 17  **M.E.M.P.H.I.S.**
Hypnotize Camp Posse
- 18  ミッドナイト・シティ・ライツ
Stereo Type
- 19  (Theme From) Midnight Express
Giorgio Moroder
- 20  **Johnny I Hardly Knew You**
The Clancy Brothers, Tommy Makem
- 21  **Invasion of the Octopus People**
Invisible Scratch Pickles
- 22  **Six Tray**
Freestyle Fellowship
- 23  **From The Devil To The Deep Blue Sea**
Disco Inferno
- 24  カナリア諸島にて
CHIP SHOP BOYZ WITH ANDROID SIN...
- 25  **Snowy Break**
Max McFerren
- 26  **Dice Of Life (The Battle)**
Andre Nickatina
- 27  **Skeng - Autechre Remix**
The Bug
- ▶  **In October of 2019 I Called a Suicide Hotline**
Your Arms Are My Cocoon
- 29  **Crab Canon**
Johann Sebastian Bach, Giovanni Corbelli
- 30  **Aus**
Fennesz
- 31  **Eutow**
Autechre
- 32  **The Affectionate Punch - 2016 Reissue**
The Associates
- 33  **Quintessence**
Darkthrone
- 34  **The Official Colourbox World Cup**
Colourbox
- 35  **Dragonflies to Sew You Up**
Prurient
- 36  **ID - HOL! Remix**
Monxx, Automhate, HOL!
- 37  **Hydraulic Style**
DJ Nasty
- 38  **Caramel**
Cluster
- 39  **4 Floors of Whores**
Tzusing
- 40  **Music for 18 Musicians: Pulses**
Steve Reich
- 41  **The Initiation**
Mykki Blanco
- 42  **Love Song**
Nukariik
- 43  **The Flesh Failures**
Lightspeed Champion
- 44  **Lost in the Silverbox**
Hardfloor
- 45  **Working Bitches**
Sauce Twinz
- 46  **Nightlife**
Amon Tobin
- 47  **Hailie's Song**
Eminem
- 48  **Provisional**
Chase Ceglie

Rubber Biscuit: This is one of those songs with a ~dark meaning~ lurking beneath its jovial duwop delivery. The singer can't afford food and the titular rubber biscuit bounces tantalizingly, out of his mouth. His other meal for the day is a "wish sandwich"

Johnny I Hardly Knew You: A disturbing war of attrition marching chant which involves Johnny losing all his arms and legs in combat until he becomes an "armless, boneless, chickenless egg."

In October 2019 I Called a Suicide Hotline: This has the same miniaturized character vibe as *I Hear A New World*, only the screamo version. Because of the cover art you imagine an ambivalent angel-and-devil on shoulder composite figure as the singer.



























The Intro and the Outro: This has a weird part with a famous horse from the Westerns pissing? I like these Novelty/Sound hybrid songs.

































Quintessence: The song the narrator listens to in Marcus's short story "Me and My Brother John Who Is So Full of Life"

ID- HOL! Remix: I tell everyone that this style of "reverse-bass" dubstep actually turns your speaker into a vacuum that sucks in bass waves rather than blasting them out (SCP-like). I would also love a genre of music that turned your speaker into a microphone.

The Flesh Failures: Lightspeed Champion is actually the 2009 alter ego of Blood Orange just like rockettothesky is 2009 Jenny Hval... It took these people awhile to hone their craft.

Working Bitches: Sauce Twinz are among my favorite rap duos. I like how on this album, *Don't Let the Sauce Fool U*, they're shrill yet dominant, like birds of prey. I suspect they're blackballed on Spotify to some extent but thankfully no-one can be blackballed from Worldstar Hiphop.

- 49  **Rubber Biscuit**
The Chips
- 50  **Stairway to Heaven Backwards**
Jim Miles
- 51  **Commonly, The Other Head with B...**
Jeromes Dream
- 52  **Chopsticks**
Liberace
- 53  **Like an Eagle**
Dennis Parker
- 54  **Do You Realize**
Ursine Vulpine
- 55  **Halber Mensch**
Einstürzende Neubauten
- 56  **Ov Sword and Nail**
Worm Shepherd
- 57  **3Klane**
Jakes, Joker
- 58  **Duppy Know Who Fi Frighten**
Demarco
- 59  **Come Back Home**
Seo Taiji and Boys
- 60  **Disasterology**
Pierce The Veil
- 61  **The Four Horsemen**
Aphrodite's Child
- 62  **Naked When You Come - Original**
The Lollipops
- 63  **The Intro and the Outro - 2007 Reissue**
The Bonzo Dog Band
- 64  **I Do Because I Couldn't Care Less**
I-F
- 65  **12 Stout Street**
Rx Papi, Gud
- 66  **On the Run**
Larry Fast, Alan White
- 67  **Scotch Forest**
DJ Scotch Egg
- 68  **ゆきこさん**
ミドリ
- 69  **Screaming at Forgotten Fears**
Xasthur
- 70  **The Pots And Pans Song**
DKKAY
- 71  **Cold Blows the Wind**
Ween
- 72  **Look at Your Game Girl**
Charles Manson
- 73  **Jack's Obsession**
Sparklehorse
- 74  **Balconies**
Minor Science
- 75  **June 27 Freestyle (screwed)**
Big Moe
- 76  **A Meditation Mass Part 3**
Yatha Sidhra
- 77  **Stones Start Spinning**
David Darling
- 78  **Plastic**
Prefuse 73, Diverse
- 79  **Anitina (The First Time I See She D...**
A.R. Kane

- 80  **The Moomins Theme**
Graeme Miller, Steve Shill
- 81  **Eli Greens Cake Walk**
Messrs. Cullen & Collins
- 82  **Hizbollah**
Ministry
- 83  **ザ・ワード II**
セキトオ・シゲオ
- 84  **Diss Never (Dig Up We History)**
Tricky
- 85  **Tastes Like Kevin Bacon**
iwrestledabearonce
- 86  **NFL Crackintro Film**
Dubmood
- 87  **Let's Play for 2000**
Keith Strachan, Matthew Strachan
- 88  **Let's Play for 125,000**
Keith Strachan, Matthew Strachan
- 89  **Let's Play for One Million!**
Keith Strachan, Matthew Strachan
- 90  **Choke On Coke**
Tomba
- 91  **Koyaanisqatsi**
Philip Glass
- 92  **Combination Pizza Hut and Taco Bell**
Das Racist, Heems
- 93  **Chickenhead**
Swishahouse
- 94  **Boss**
Ginz
- 95  **M.N.O.H.P.**
RBL Posse
- 96  **I Found a Peanut**
Thee Midnites
- 97  **Cbat**
Hudson Mohawke
- 98  **Good Friday - Boards of Canada R...**
WHY?, Boards of Canada
- 99  **Heavy Handed Sunset (Autechre '...**
Russell Haswell, Autechre
- 100  **It's A Kid's World**
Disco Inferno
- 101  **Video II (B)/(C)/(L)**
Lowell Cross, Various Artists
- 102  **Presto in C Major**
Arnold Schoenberg, Quatuor Diotima
- 103  **Jew's Harp Music**
Barozda
- 104  **Legend**
Bulgarian Voices Angelite, Huun-Huur-Tu
- 105  **Jo-Jo the Dog-Faced Boy**
Annette Funicello
- 106  **Teddy Bear's Picnic (Remix)**
909pop
- 107  **Past, Present & Future**
The Shangri-Las
- 108  **Mii Channel**
Player2, GameChops, Smooth McGroove
- 109  **Cum On (Feel This)**
Christoph De Babalon
- 110  **Red Birds Will Fly Out Of The East ...**
Coil
- 111  **'See You Don't Bump His Head'**
Scott Walker

Tastes Like Kevin Bacon: Mathcore makes me think of someone aggressively cranking the handle of a music box the wrong direction and then making every counterintuitive decision possible about songcraft. It's got that circumambulatory quality of jazz but in a more destructive register.

House-Made Stuff: I asked the musician Zach Phillips if his guitarist was playing "Skronk" guitar and he said "Skronk" was a word invented by music critics to sell records. "He just plays *nasty* guitar... because he is a nasty, nasty boy."

M.N.O.H.P. : Stands for "Mortuary Number On His Pager" which is a clever way to threaten to kill someone's family using only numbers.


I Found a Peanut: The M'kay sounds exactly like Mr.Garrison!

Cbat: I put Cbat on here before I heard about the viral scandal where some couple had sex to it. The fact that this even registered as odd to anyone makes me envy the self-seriousness of straight culture.

Ram On: Zak pointed out this song is in the end scene of *Infinite Jest* where Don Gately consumes a mountain of dilaudid, but it's skipping so you can only hear Lynda McCartney's part of the harmony.

Jo-jo The Dog-faced Boy: This song is about a man with a droopy, bug-eyed face covered by a coarse patch of wool who comes to prom uninvited and dazzles the ladies with his performance. Much respect to Annette, who was the first female rock singer on the pop charts.

Waking the Witch: Kate Bush is commended for her 'telepathic empathy'. One time "Army Dreamers" came on after I was listening to a bunch of teenage drill artists and that did make me think twice. When she takes on the villain role in this track you feel a vortex opening beneath your feet.

- 112  **Yü-gung - Fütter mein ego**
Einstürzende Neubauten
- 113  **Mind You**
Physical Therapy
- 114  **Tenryuu Kudareba**
Ichimaru
- 115  **My Teenage Castle**
Peggy March
- 116  **January 24**
I Hate Sex
- 117  **Brian the Vampire**
Xiu Xiu
- 118  **Servin a Duce**
DJ Screw, 20-2-Life
- 119  **Groovy Time For A Movie Time**
- 120  **PYRO (feat. Imaabs & Lao)**
WWWINGS
- 121  **Bitches**
Mindless Self Indulgence
- 122  **Turn To Stone**
Leather Strip
- 123  **Home-Made Stuff**
U.S. Maple
- 124  **Lavender Town**
Video Game Music Box
- 125  **Left Me -- Lonely**
Mc Shan
- 126  **Electric Pow Wow Drum**
The Halluci Nation
- 127  **Rise And Fall Of A Rap Cat**
Andre Nickatina
- 128  **Blood Roses - 2016 Remaster**
Tori Amos
- 129  **The Sailor's Hornpipe 2003**
Mike Oldfield
- 130  **43% Burnt**
The Dillinger Escape Plan
- ▶  **You're Gonna Die**
Destroy All Monsters
- 132  **Barrie for Billy Mackenzie**
Rockettothesky
- 133  **La Anunciante**
Chris Watson
- 134  **THE FIFTH DAY PART 1**
MIKE DEAN
- 135  **The Fountain Of Fortune**
Boyd Rice / Non
- 136  **Ram On - Remastered 2012**
Paul McCartney, Linda McCartney
- 137  **The Peter Criss Jazz**
Don Caballero
- 138  **Waking The Witch - 2018 Remaster**
Kate Bush
- 139  **Sick On Sunday**
The Dillinger Escape Plan
- 140  **Os Abysmi Vel Daath**
Celtic Frost
- 141  **Opening**
Morton Feldman
- 142  **Lemon Incest - D'après l'étude Op...**
Serge Gainsbourg, Charlotte Gainsbourg
- 143  **Mischa's Souvenir (Duet For Violin ...**
Spike Jones
- 144  **Corale**
Antonio Russolo, Luigi Russolo
- 145  **Who What Who What**
Ling tosite sigure
- 146  **B Is for Burning**
Zs
- 147  **All Cats Are Grey - 2005 Remaster**
The Cure

- 143  **Damn Son**
TRACE, Nico
- 149  **Slo Bird Whistle - Peel Session**
Aphex Twin
- 150  **Wild Women With Steak-Knives (T...**
Diamanda Galás
- 151  **Nextel Chirp**
Maceo
- 152  **An Rah Robeel**
Matthias Schuster
- 153  **South Wind**
Roger Winfield
- 154  **Bringing Down The Light**
David Sylvian, Robert Fripp
- 155  **Hello, Ma Baby**
1923 Autopiano Player Piano
- 156  **Run**
Sandie Shaw
- 157  **Who Spends Money On Candygirl...**
Hardfloor
- 158  **Uusi teknokratia**
Oranssi Pazuzu
- 159

I've Been Working on the Railroad: It's curious that the first songs I learned to sing along with as an infant- this song and "This Land Is Your Land" were actually anti-capitalist protest songs? Where are the Dribcots with the fully automated luxury space communism rn!

South Wind: My favorite ambient album- the wind blowing through a harp sitting on a hill in the Irish countryside.

97' Bonnie and Clyde: This is from Tori Amos's album where she genderbends songs from male to female perspectives. This is gender-bent Eminem and I think Tori is cooing to her kidnapped baby while they're both stuck in the trunk going off the bridge or whatever.

Heretic: Ava showed me this soundtracking a Tiktok about geological evidence of the asteroid that killed the dinosaurs. I mistook it for a sample of the Shepherd's tone. To oppose the "catacombal sound" of New Isolationism we need this "dawn of consciousness" cephalization tone (drawing us together instead of scattering us back into damp crevices.)






























Breaking Bread: Rube Goldberg machine Jersey Club.

Cicadas and Crickets and Owls...Oh My!: A white noise track from when I had tinnitus. Tinnitus sounds more like crickets at night and crackling bacon in the morning.

Moments in Love- The Tortoise: The Art of Noise composed the first hiphop breakbeat on a prototype Nintendo DS, just kidding! But apparently whether the tortoise or hare wins is something people are arguing about at NYC parties these days. While the world burns.

Age of Iron: I first time I heard Ancient Methods was at the club Basement with Brianna. I was falling asleep on my feet but suddenly we both heard this roiling baseline emanating from the main room. It was a ready-made synesthetic confluence of pure bass, red light, distilled water fog and cyclopean masonry like the bottom of a well... I miss Brianna.

Snuggle Song: This song has always given me debilitating Déjà vu. I assume the déjà vu is baked into the production rather than being a ringtone sales psyop, although the lively carrot in the video may have resonated subliminally.

- 181  **I've Been Working on the Railroad**
John Denver
- 182  **Dubwise**
Monoton, Konrad Becker
- 183  **Petrococadollar**
Scritti Politti
- 184  **'97 Bonnie & Clyde**
Tori Amos
- 185  **Kiss Me Where It Counts**
...Of Death
- 186  **Heretic**
Oli XL
- 187  **Jungle is a Shapeshifter**
Rainforest Spiritual Enslavement, S
- 188  **Valley Of Violence**
Zomboy
- 189  **My Sputnik Sweetheart**
Weatherday
- 190  **Teddy Roosevelt's Guns**
Silver Mt. Zion
- 191  **The Reprisal**
John Duncan, Stefano Pilia
- 192  **McCrimmon Will Never Return**
Christopher Hobbs, Gavin Bryars
- 193  **Battles in the North**
Immortal
- 194  **Breaking Bread**
Matmos
- 195  **You Are My Everlovin'**
Henry Flynt
- 196  **Moments In Love - The Tortoise**
The Art Of Noise
- 197  **Love Beat - The Hare**
The Art Of Noise
- 198  **Holy Water**
Actress
- 199  **Two Snakes**
The Body
- 200  **North Wind**
Roger Winfield
- 201  **The Stars And Stripes Forever**
Matmos
- ▶  **Elevation, Pt. 2 (Reduced)**
Vainqueur
- 203  **The Disappearance of Hatsu**
dj-Jo, CircusP
- 204  **Istanbul (Not Constantinople)**
They Might Be Giants
- 205  **Age Of Iron**
Eschaton, Ancient Methods, Orphx
- 206  **Snuggle Song**
Schnuffel Bunny
- 207  **Padded**
Mr. Mitch
- 208  **Macht kaputt was euch kaputt**
Ton Steine Scherben
- 209  **Amen Brother**
The Winstons